

# **Social Movements Trans\*/Queer and Gender Justice Trauma, Self-Care and Activism**

## **Facilitation and Training**



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## Social Movements

Without social movements, there is no social change. Or, at least not the change we desire. This radical change "doesn't just happen". There needs to be a strategy, "how we turn what we have into what we need to get what we want" Strategy "is how we transform our resources into the power to achieve our purposes. It is the conceptual link we make between the targeting, timing, and tactics with which we mobilise and deploy resources and the outcomes we hope to achieve" (Marshall Ganz, Why David Sometimes Wins).

### Workshop options

- Strategy for social movements
- Developing strategic campaigns
- Preparing for nonviolent direct action
- Civil disobedience for trans\* and nonbinary people

Get in touch with me about other workshops or talks.

## Gender Justice

Institutional feminism, at least in Spain, continues to talk mainly about *gender equality*, understood as equality between men and women. However, there are inherent problems in the concept of gender equality, as well as problems with the reduction to two genders that coincide with two sexes.

From feminist movements, especially from the Global South or intersectional feminism, the concept of *gender justice* is being proposed.

Gender justice is based on liberation: it addresses systemic inequalities and aims to dismantle structural and social barriers.

Gender justice understands that patriarchal oppression of women and other gender identities (trans, queer, non-binary) or non-normative sexualities is closely intertwined with other oppressions: capitalism and class oppression, racism, neo-colonialism, heteronormativity or ableism, among others. Therefore, gender justice does not seek equality or equity within the cisheterosexual capitalist system, but seeks to transform the system, to 'dismantle' patriarchy and build a more just world.

### Workshop options:

- What is gender justice?
- Gender based violence from a queer perspective
- Strategies for dismantling patriarchy

## Trans\* and Queer Justice



Like gender justice, trans\* and queer justice takes an intersectional perspective beyond equality and LGBTIQ+ rights. Queer is rather the qualitative position of opposition to presentations of stability, an identity that problematises the manageable boundaries of identity. Queer is a territory of tension, defined against the dominant narrative of white heterosexual monogamous patriarchy, but also by an affinity with all the marginalised and oppressed. Queer implies our sexuality and our gender. Queer is the total rejection of the regime of the Normal.

### Workshop options:

- Gender identity
- Asexuality and Aromanticism
- *For teachers:* LGTBIQA+ Inclusive Schools
- Gender Based Violence and the LGBTIQ+ Community
- Civil Disobedience for Trans and Nonbinary People

I'm also available for talks on *A Third Gender Marker or Decertification of Sex/Gender*

## Trauma, Self-Care and Activism

*"Caring for myself is not self-indulgence. It is self-preservation and that is an act of political warfare."*

Audre Lorde



Let's face it: activism for human rights, gender justice, climate justice, can lead to burnout, or even trauma. How we feel, especially when we are struggling with burnout, post-traumatic stress or depression, whether as a result of our activism or other events in our lives, can have a huge impact on how we function in our activist collectives, and this impacts on the functioning of the collective.

### Workshop options:

- Self-Care for Activists
- Trauma and Activism

I'm also available for talks on *A Trauma-Informed Activism*.

## Alana Speck

Alana Speck is an experienced trainer in nonviolent conflict transformation, gender, gender identity and sexual orientation. They identify as *genderqueer*, a nobinary trans identity, and as arromantic and asexual (ARO-ACE), and are active in Asociación Sexualiarte, a nobinary association in Seville, Spain. Alana uses the pronouns they/them.



Alana has a long history of training for social movements, and has facilitated trainings on nonviolence and strategies for social movements in several countries. In recent years, Alana has also facilitated trainings on LGBTIQ+ issues, gender justice and gender-based violence.

If you're interested, you can contact Alana via:

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## Some publications by Alana Speck

- *Third gender marker or decertification of sex/gender?*, August 2024, <https://alanaqueer.es/content/third-gender-marker-or-decertification-sexgender> (originally in El Salto in [Spanish](#))
- *Por un activismo informado sobre el trauma*, August 2024 (only in Spanish), <https://www.elsaltodiario.com/opinion/trauma-activismo-trauma-activismo-un-activismo-informado-trauma>
- *Trans\* survivors: telling our story*, April 2023, <https://alanaqueer.es/content/trans-survivors-telling-our-story> (originally in El Salto in [Spanish](#))
- *Nos organizamos para el cambio social. Un pequeño manual del organizing*, La Transicionera, December 2019 (only in Spanish), <https://traficantes.net/libros/nos-organizamos-para-el-cambio-social>
- *Planning nonviolent campaigns* (with Joanne Sheehan) and *Nonviolence and power*, In: War Resisters' International: *Handbook for Nonviolent Campaigns*, 2nd edition, London, 2014 (also available in Spanish and German), <https://www.nonviolence.wri-irg.org>